

WEST YORKSHIRE SPINNERS



Willow

CABLE MOSS SOCKS

ILLUSTRIOUS DESIGN BY EMMA WRIGHT

General Info

It is essential to work to the stated tension to ensure success. You should always start by knitting a tension square before knitting the full garment.

If you have too many stitches to stated tension, your tension is too tight and you should change to a larger needle. If there are too few stitches, and your tension is too loose garment performance may be affected and you should change to a smaller needle. Please check individual patterns for tension before starting garment.

Instructions given are for the 1st size, with larger sizes in brackets. Where only one figure or instruction is given, this applies to all sizes. Work all directions inside brackets the number of times stated.



Abbreviations

K	knit	REP	repeat
P	purl	REV ST ST	reverse stocking stitch: RS purl, WS knit
ALT	alternate	RH	right hand
BEG	begin/ning	RND	round
CM	centimetre	RS/WS	right side/wrong side
CN	cable needle	SKPO	slip one, knit one, pass the slipped stitch over (decrease 1)
CONT	continue	SK2PO	slip one, knit two together, pass slipped stitch over (decrease 2)
DEC	decrease	SP2PO	slip one purlwise, purl two together, pass slipped stitch over (decrease 2)
DPNS	double pointed needles	SL1	slip one stitch
FOLL	follows/following	SL1P	slip one stitch purlwise
IN	inch/es	SM	slip marker
INC	increase	ST/S	stitch/es
KFB	knit into front and back of next stitch (increase 1)	ST ST	stocking stitch
K2TOG	knit two stitches together (decrease 1)	SSK	slip next two stitches one at a time, knitwise to right hand needle, insert tip of left hand needle through both stitches and knit them together (decrease 1)
LH	left hand	TOG	together
M1	make 1 stitch: pick up the loop lying between the two stitches and knit into the back of it (increase 1)	YB	take yarn to back
PATT	pattern	YF	yarn forward
P3TOG	purl three stitches together (decrease 2)	YO	yarn over
PM	place marker		
REM	remain/ing		



A comfortable pair of cable and bobble socks with a moss stitch foot to slip into your boots on a woodland walk. These are knitted over 5 needles, from the cuff down with a neat and easily constructed heel.

Willow

CABLE MOSS SOCKS



Measurements

.....
ANKLE 23cm, (9in)

.....
CUFF TO HEEL 10cm, (4in)

.....
FOOT 24cm, (9.5in)

Materials

SHADE
331 Highland x 1 ball

NEEDLES
4mm (US 6) set of 5, double pointed needles

EXTRAS
4 x stitch markers
Cable needles

Tension

21 sts x 30 rows to 10cm/4in over stocking stitch using 4mm (US 6) knitting needles.

21 sts x 36 rows to 10cm/4in over moss stitch using 4mm (US 6) knitting needles.

Special Abbreviations

C4B (Cable 4 back) slip 2sts onto a cable needle and hold at back of work, knit 2 sts from LH needle, then knit 2 sts from cable needle

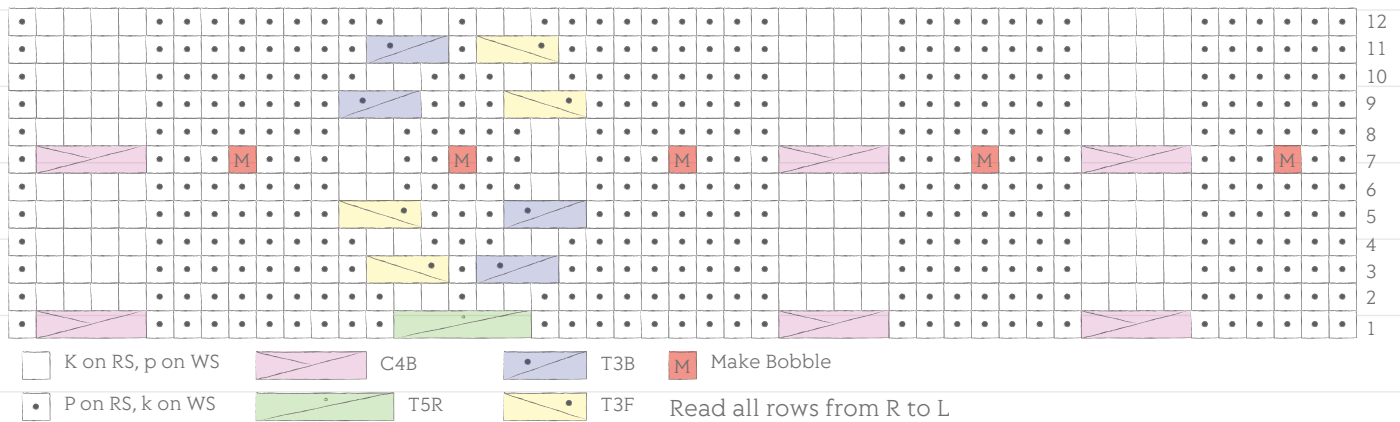
T5R (Twist 5 fwd & back) slip 3 sts onto a cable needle and hold at back of work, knit 2 sts from LH needle, then work p1, k2 from 3 sts from cable needle

T3B (Twist 3 back) slip next st on cable needle and hold at back of work, knit next 2 sts from LH needle, then purl st from cable needle

T3F (Twist 3 fwd) slip next 2 sts onto a cable needle and hold at front of work, purl next st from LH needle, then knit 2 sts from cable needle

MB knit into the front, back, front, back and front of next st, [turn and p5, turn and k5] twice, then pass 2nd, 3rd, 4th and 5th st over first st (bobble made)

Cabled Socks



Pattern

CUFF

Using 4mm (US 6) double pointed needles, cast on 48sts.

Join round taking care not to twist sts.

Pm to indicate beg/end of each rnd.

Work rib as folls:

Rnd 1: (K1, p1) to end.

Repeat this round five times more

Set up rnd: P6, k4, p7, k4, p9, k5, p9, k3, m1, p1. (49 sts)

Now work Cable and Bobble pattern as folls:

Rnd 1: P6, C4B, p7, C4B, p9, T5R, p9, C4B, p1.

Rnd 2: P6, k4, p7, k4, p9, k2, p1, k2, p9, k4, p1.

Rnd 3: P6, k4, p7, k4, p8, T3B, p1, T3F, p8, k4, p1.

Rnd 4: P6, k4, p7, k4, p8, k2, p3, k2, p8, k4, p1.

Rnd 5: P6, k4, p7, k4, p7, T3B, p3, T3F, p7, k4, p1.

Rnd 6: P6, k4, p7, k4, p7, k2, p5, k2, p7, k4, p1.

Rnd 7: P2, MB, p3, C4B, p3, MB, p3, C4B, p3, MB, p3, k2,

p2, MB, p2, k2, p3, MB, p3, C4B, p1.

Rnd 8: As Rnd 6.

Rnd 9: P6, k4, p7, k4, p7, T3F, p3, T3B, p7, k4, p1.

Rnd 10: As Rnd 4.

Rnd 11: P6, k4, p7, k4, p8, T3F, p1, T3B, p8, k4, p1.

Rnd 12: As Rnd 2.

These 12 rounds form pattern.

Rep 12 patt rows twice more. (3 reps in total)

HEEL FLAP

Knit 20 sts, turn, p20, then purl 4sts from last needle

(24sts)

Now work straight on these 24sts (using 2 needles only) as folls:

Row 1 (RS): (Sl1, k1) 12 times.

Row 2 (WS): Sl1, p to end.

Repeat these 2 rows 9 times more and ending with RS facing for next row.

HEEL SHAPING

Work heel decreases as folls:

Row 1: Sl1, k13, ssk, k1, turn (leave 7sts remaining on other needle)

Row 2: Sl1, p5, p2tog, p1, turn (leave 7sts remaining on other needle)

(You will now begin to bring unworked sts back into action)

Row 3: Sl1, k6, ssk, k1, turn,

Row 4: Sl1, p7, p2tog, p1, turn,

Row 5: Sl1, k8, ssk, k1, turn,

Row 6: Sl1, p9, p2tog, p1, turn,

Row 7: Sl1, k10, ssk, k1, turn,

Row 8: Sl1, p11, p2tog, p2, turn,

Row 9: Sl1, knit to end

You should now have 16sts on your needle

GUSSET

With a new needle: Pick up and knit 12 sts up side of heel flap, PM.

With a new needle: Across 25 sts left on needle work in moss st (k1, p1) decreasing 1st in center (24sts) pm

With a new needle: Pick up and knit 12 sts down other side of heel flap PM. (64 sts)

This last marker now indicates beg/end of each rnd.
Now work gusset shaping to foot as follows:

Rnd 1: K to 3sts before first marker, k2tog, k1, sm, (p1, k1) 12 times, sm, k1, ssk, k to end of rnd. (62 sts)

Rnd 2: K to first marker, sm, (k1, p1) 12 times, sm, k to end of rnd .

Repeat these 2 rnds a further 7times more in patt as set, working decs and Moss St across top of foot. (48 sts)

FOOT

Without further shaping knit to next marker (beginning of moss stitch) slip marker (this will now be the beg/end of round, continue in moss stitch across 24st (top of foot) slip marker, then stocking for 24 sts on bottom of foot (removing previous beg/end marker.

Cont until foot measures 7.5/19cm from centre of heel flap to the toe section or 1.5in/4cm shorter than the wearers actual foot measurements.

TOE

Knit 4 rounds.

Beg toe shaping as follows:

Rnd 1: K1, ssk, k to 3 sts before next marker, k2tog, k1, sm, k1, ssk, k to last 3 sts, k2tog, k1. (44 sts)

Rnd 2: Knit (slipping all stitch markers)

Work these 2 rows a further three times more. (32 sts)

Divide these 32 sts evenly (16 sts per needle) over 2 needles ready for to graft seam.

MAKING UP

Fasten off any loose ends.

Now work grafted seam as follows:

Kitchener Stitch

Set up 1: Insert your tapestry needle into the first stitch on the front needle as if you were going to purl, pull the yarn through and leave the stitch on the needle.

Step up 2: Now insert your tapestry needle into the first stitch on the back needle as if you were going to knit, pull the yarn through and leave the stitch on the needle.

Continue as follows:

Step 1: Insert your tapestry needle into the first stitch on the front needle as if you were going to knit, pull the yarn through and let that stitch drop off the needle.

Step 2: Insert the tapestry needle into the next stitch on the front needle as if you were going to purl, pull the yarn through but don't let it drop off the needle

Step 3: Insert the tapestry needle into the next stitch on the back needle as if you were going to purl, pull the yarn through and let that stitch drop off the needle.

Step 4: Now insert the needle into the next stitch on the back needle as if you were going to knit, pull the yarn through but don't let it drop of the needle.

Repeat these 4 steps until all sts have been joined.

Fasten off.



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DISCLAIMER

Please note that all quantities in this pattern are based on average usage and therefore are approximate. We cannot accept responsibility for the finished garment if any other yarn than the one specified is used.

Although every effort has been made to ensure that instructions are correct, West Yorkshire Spinners cannot accept any liabilities. Owing to photography and printing restrictions the colour reproduction is matched as closely as possible to the yarn.

JOIN THE CONVERSATION



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